



Frequently Asked Questions Regarding Surgery

1. How long will my surgery take? How long will I be in the hospital?
Most surgeries are 1-3 hours depending on the type of surgery. You can expect to be in the hospital for 2-3 days.
2. How soon will I be able to shower or at least wash my hair?
You will be able to shower after your surgery however, you cannot bathe.
3. How long will I be homebound?
You should expect to take it easy for two weeks with activity and weight restrictions. This is a time to take it easy and relax, and be the "Queen" for two weeks.
4. What can I do to maximize my recovery?
Listen to your doctor, DO NOT OVER DO IT, Vitamin C
5. How long can I expect to be off from work? When can I expect to go back part time?
In most cases you can expect to take 8-12 weeks off from work, depending on your progress you may be able to return to work part time; however this will be evaluated post operatively.
6. When can I drive?
No, driving as long as you are on narcotic medications and the first two weeks after your procedure.
7. What will be my lifting restrictions?
6-8 weeks, Dr. Dunn will evaluate you depending on your activity level and ability.
8. When can I expect to have sexual relations?
6 weeks
9. What should I do if I find sex to be painful?
Please let your doctor know.
10. Will I experience problems with gas or constipation?
You may very well experience symptoms of gas or constipation; however, Dr. Dunn has provided you with Colace in order to help relieve these symptoms.
11. Will any of these procedures affect my vaginal functions (lubrication, sensation etc...)?
Your vaginal functions should remain the same if not better.
12. When will I be able to talk to the anesthesiologist? What are my anesthesia options? *You will be able to talk to the anesthesiologist before your surgery, at this time make sure you ask necessary questions. As far as your anesthesia options he/she will go over those with you before your surgery.*
13. Do I need to remove nail polish? *No*

